



S Tree Clinical Psychology Clinic

Informed Consent for Online Services

The client agrees that face-to-face therapy is the most effective form of communication in clinical practice. However, because of travel difficulties, geographical distance, health concerns, or other practical limitations, access to a qualified mental health professional may become limited. In addition, many clients value discretion and privacy when seeking psychological treatment.

The client and the therapist at S Tree Clinic acknowledge that online services have certain limitations, which may contribute to miscommunication, misinterpretation, or misunderstanding during online sessions. To minimize these limitations and reduce potential risks, the client agrees to:

1. Participate in the online session in a quiet and private room or area without interruptions.
2. Prepare a communication device and a stable internet connection that can function continuously throughout the session (a smartphone is acceptable).
3. Provide the name and phone number of an emergency contact person.

Audio, video, or screen recording of online sessions is **not** permitted. However, the therapist may take written notes of necessary information for therapeutic purposes. The psychotherapists at S Tree Clinic value scientific knowledge, professional ethics, and clinical experience in providing psychological services. We highly respect our clients' privacy and confidentiality. Client information will not be disclosed to third parties without the client's written consent, except when required by law or by professional and ethical responsibilities. In situations involving an imminent risk of harm to the client or others, the therapist may take necessary steps to ensure safety and prevent serious harm.

If a client's requests fall outside the scope of therapeutic services or are inconsistent with professional standards, S Tree Clinic reserves the right to decline such requests and may report the matter to the appropriate authorities.

By signing this document, the client acknowledges that they have read, understood, and agreed to the information and conditions stated above.

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Client's signature on the date of